

The Long Haul

In the depths of your despair
When no-one seems to care
Looking down the road
You think all doors are closed
It's only in your head
Take some time instead
Find a happy place
I'll be there

The world's a better place
Than what you seem to face
I want to help you through
And start your life anew
Try not to feel depressed
I'll help you through this mess
Help you take control
I'll be there

The Bottle's not your friend
So cast them all aside
The pills will dull your mind
Get off that crazy ride.

It's easier said than done
But the battle can be won
Like a mountain to be climbed
Just one step at a time.
Find your shining light
And keep it in your sight.
Let your heart beat strong
I'll be there.

Surround yourself with love
Don't let the demons bring you down
Call me when you need to
I will be around.

I've got a shoulder
I've got a big heart
It's what you need.
And it's a start
I'll never hurt you
I won't desert you
I promise you
I'll be there

I'll be there for the long haul
I'll be there to take your call
I'll be there for the long haul
Make your call for the long haul.
Make your call it's a long haul